



Physical Therapy Moves Me!

Grade 6-8 Presentation



PTMovesMe

Provided by  **APTA**





What are some things you do that require movement?

It's estimated that 42 million people suffer from some form of movement loss in the United States.





Physical Therapists Are Doctors Who Are Movement Experts



- They prevent movement loss.
- They restore and create movement.
- They help relieve pain.



Physical Therapist Assistants Work With Physical Therapists

Physical Therapist Assistants

Help physical therapists implement patient treatment plans.





PTs and PTAs Care for People of All Ages and Abilities

They treat patients across the lifespan (birth to end of life)

Younger



Older



What Body Systems Are Involved in Movement?

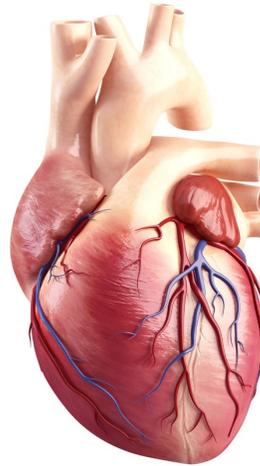
Muscular



Skeletal



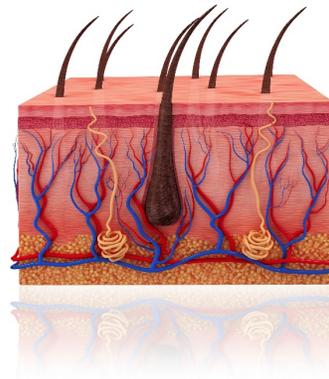
Cardiovascular



Respiratory



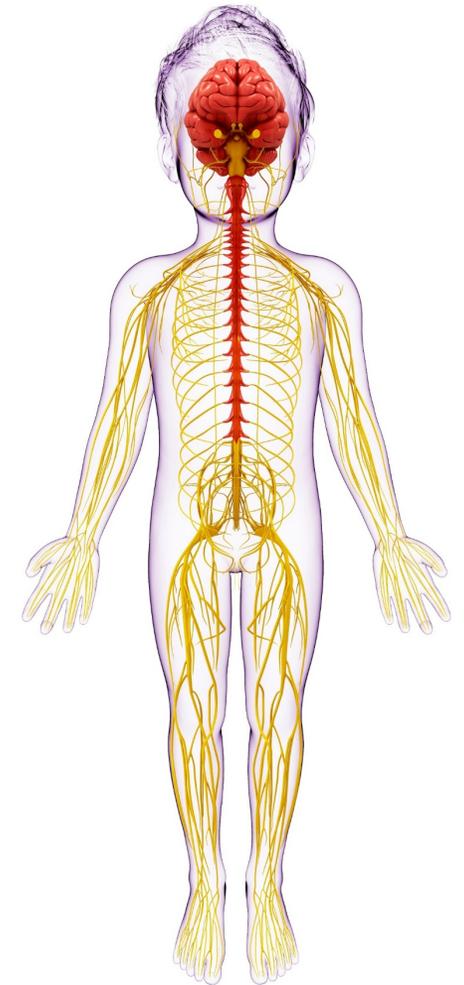
Integumentary



Digestive



Nervous





Who Can Benefit From Physical Therapy?

Anyone who moves ... which means **EVERYONE!**

Muscle pain

Chronic headaches

COVID recovery

Balance issues

Heart disease

Lung disease

Traumatic Brain Injury

Sports

Cancer

Autism

Burns/wounds

Pregnancy

And more...



Physical Therapist Treatment



How Do PTs and PTAs Treat Patients?



Exercise Equipment



Pools

How Do PTs and PTAs Treat Patients?



Robotics and Virtual Reality



Toys and Games

How Do PTs and PTAs Treat Patients?



Massage and Manual Therapy



Electrical Stimulation

How Do PTs and PTAs Treat Patients?



Range of Motion Measurement



Assistive Devices



Time to Move!



Remember...

Physical therapy keeps people moving!

and

Movement is essential to life!



If You Like Being:

- Active,
- Creative, and
- Helpful.

Consider a career as a
physical therapist
or a
physical therapist assistant





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Questions & Answers



Optional Slides to Add If Needed





Pathway to DPT



* Some DPT programs offer freshman entry





Pathway to PTA



Building a community that
advances the profession of
physical therapy to improve
the health of society.

